

Spiritual Health Exam

Date: _____ Name: Anonymous

Date of Birth: _____ Date of Re-birth: _____

Primary reason/symptoms for evaluation: _____

Primary Care Doctor: The Great Physician

**Please answer the following questions yes (yes if you comply with statement) or no (no if you do not comply with statement).

- _____ I do not worship other Gods (Exodus 20:3)
- _____ Do not make idols of any kind. Must never worship or bow down before them. (Exodus 20:4-5).
- _____ Do not use the name of the Lord in vain or misuse (Exodus 20:7)
- _____ Remember to observe the Sabbath and keep it holy (Exodus 20:8)
- _____ Honor your father and mother (Exodus 20:12)
- _____ Do not murder (Exodus 20:13)
- _____ Do no commit adultery (Exodus 20:14) (Matthew 5:28)
- _____ Do not steal (Exodus 20:15)
- _____ Do not testify falsely against your neighbor (Exodus 20:16)
- _____ Do not covet your neighbor's belongings (Exodus 20:17) (Luke 12:15)
- _____ I tithe at the level that I should for the church (Matthew 23:23)
- _____ I avoid judging others (Matthew 7:1-6) (1 Corinthians 5:12)
- _____ Love the Lord with all your heart and soul (Matthew 22:37-38)
- _____ Love your neighbors as yourself (Matthew 22:39-40)
- _____ Make disciples of all nations and peoples (Matthew 28:18-20)
- _____ I tell others about God (Colossians 4:3, 1 Corinthians 9:22-23)
- _____ Realizes need for Jesus (Matthew 5:3)
- _____ Shows mercy (Matthew 5:7)
- _____ Hearts are pure and full of good intent (Matthew 5:8)
- _____ Works for peace (Matthew 5:9)
- _____ I am humble and obedient (Psalm 23)
- _____ I help the less fortunate (Matthew 19:21)
- _____ I accept Jesus Christ as my salvation (John 3:16)
- _____ I confess my sins and accept responsibility (Psalm 51)
- _____ I place God first, then family, then all else
- _____ I place my trust in Jesus Christ (Philippians 4:13)
- _____ I serve God and the Church as enabled by my gifts (Romans 12:3-8)
- _____ I participate in daily Bible reading and/or devotionals
- _____ I attend Church on Sundays (Luke 4:16)
- _____ I participate in Church activities and/or groups (Acts 6:4, 1 Corinthians 3:7-9)
- _____ I cast my burdens to the Lord (1 Peter 5:7)
- _____ I avoid anger (Matthew 5:22)
- _____ I give to and/or support the poor and needy (Proverbs 28:27) (Luke 14:13—14)
- _____ I avoid gossip (Leviticus 19:16)
- _____ I promulgate a Christian Marriage (Ephesians 5:18-33)
- _____ I invite others to Church (2 Timothy 1:7)

- _____ All that I do is through the Lord and for the honor and glory of the Lord.
- _____ I turn to God daily for leadership and guidance
- _____ I pray often (Matthew 6:9)
- _____ I forgive those who sin against me that I might be forgiven (Matthew 6:14-15)
- _____ I live a life that others will know God by knowing me (1 Thessalonians 4:11-12a)
- _____ I avoid hurtful statements (Ephesians 4:29)
- _____ Is there an area of my life where I am disobeying God? (1 John 1:9, Romans 6:19)
- _____ Is there an area of my life out of control (Matthew 6:25, 33)
- _____ I greet each day as a gift from God (Psalm 118:24)
- _____ I realize my need for my brothers and sisters and their need for me (Hebrew 10: 24-25)
- _____ I pray thoughtfully for others (James 4:1-3)

Comments: _____

Prescription: Read the assigned scripture for all items marked "no" above. Follow up with the Great Physician for prescription refills.

Rev: 5 June 2010
Rev. Alan Thompson